



Board of Directors
March 20, 2019





Welcome & Introductions





Consent Agenda

- Approval of Agenda – March 20, 2019
- Approval of Board Meeting Minutes – January 16, 2019

*Proposed Board Resolution:
The Board accepts the items on the Consent Agenda.*





Mission Report

- Momentum Program



Program Overview



- Launched July 1, 2018.
- Funded through a contract with the Office of Behavioral Health of the Colorado Department of Human Services.
- Momentum is a statewide program assisting children and adults with mental health issues to transition out of institutes and hospitals into the community.

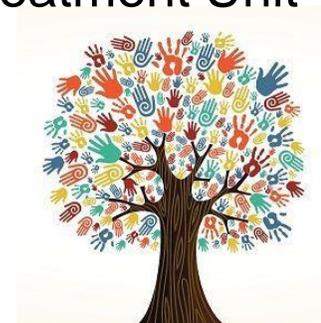
Care Managers



- Committed to providing intensive, person-centered support to help individuals and families.
- Identify needs, help define goals and access resources.
- Follow up with the client once discharged and monitor and support for at least 60 days after discharge.

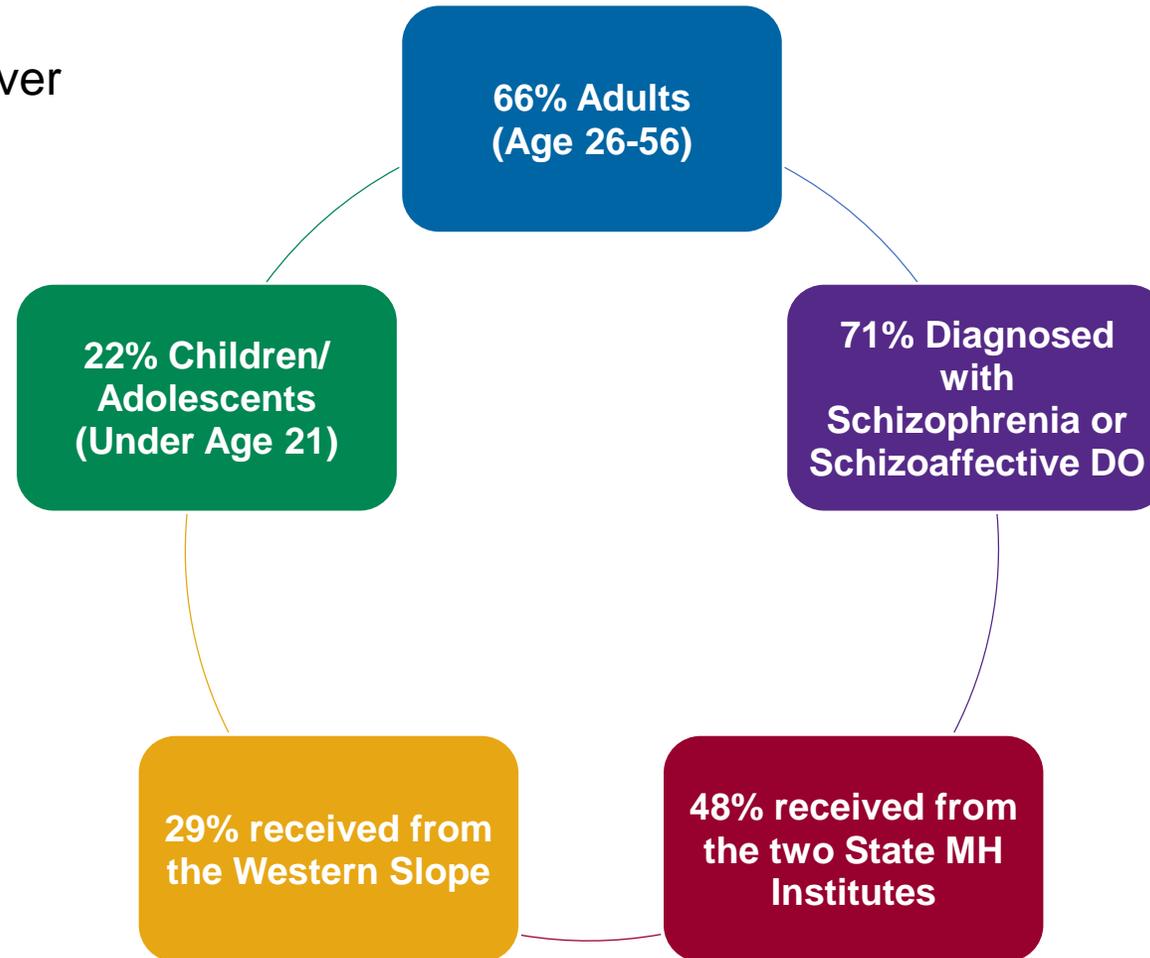
Client – “Henry”

- An adult male diagnosed with traumatic brain injury (TBI), psychotic disorder secondary to TBI and mood disorder secondary to TBI.
- He was referred to the Momentum program in Spring 2018 by his Alternative Treatment Unit placement.
- Momentum Care Manager referred an occupational therapist who was able to provide psychosocial-focused services.
- After therapy, Henry was accepted to TBI placement in Colorado. Momentum assisted with short-term rent, along with a gradually decreasing schedule of one-on-one staffing.
- Henry is engaged in activities and outings at his placement and is now expanding his outings to include more community-based activities and vocational rehabilitation.

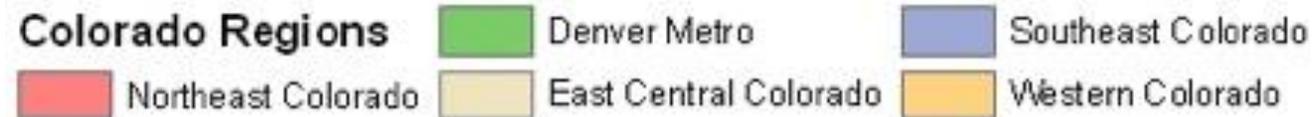


Who We Serve

Based on 126 referrals over two quarters



Referrals



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Client Barriers to Discharge

Treatment Options

Forensic History

Violence History

Housing

Behavioral Disturbances

Guardianship

Independent Living Skills

Conservator/Payee

Sex Offender Status

Treatment Compliance

Physical Health

Other



RMHS-Coordinated Resources

**Benefit
Acquisition**

**Rental
Assistance**

Transportation

**Substance
Abuse
Treatment**

**ID
Documentation**

**Rep-Payee
Services**

**Temporary
Housing**

**Housing
Waivers**

**Occupational
Therapy**

Care Packages

**Guardianship
Services**

Respite

**Single-Entry
Point**

BCBA Therapy

**Sex Offender
Treatment**

Community Settings for Clients

Most to Least Restrictive

ACF
Residential
Nursing Home

Host Home
Group Home
Transitional
Living

Re-Hospitalization
Corrections

Relative Home
Independent
Living
Out of State
Homeless



Community Advisory Council Report





Public Comment





President's Report

- Executive Committee Report
- Nominating Committee Report
- Officer Elections





Executive Director's Report

- Mill Levy Annual Report



RMHS Mill Levy Program

Goals of the program



Increase access to services

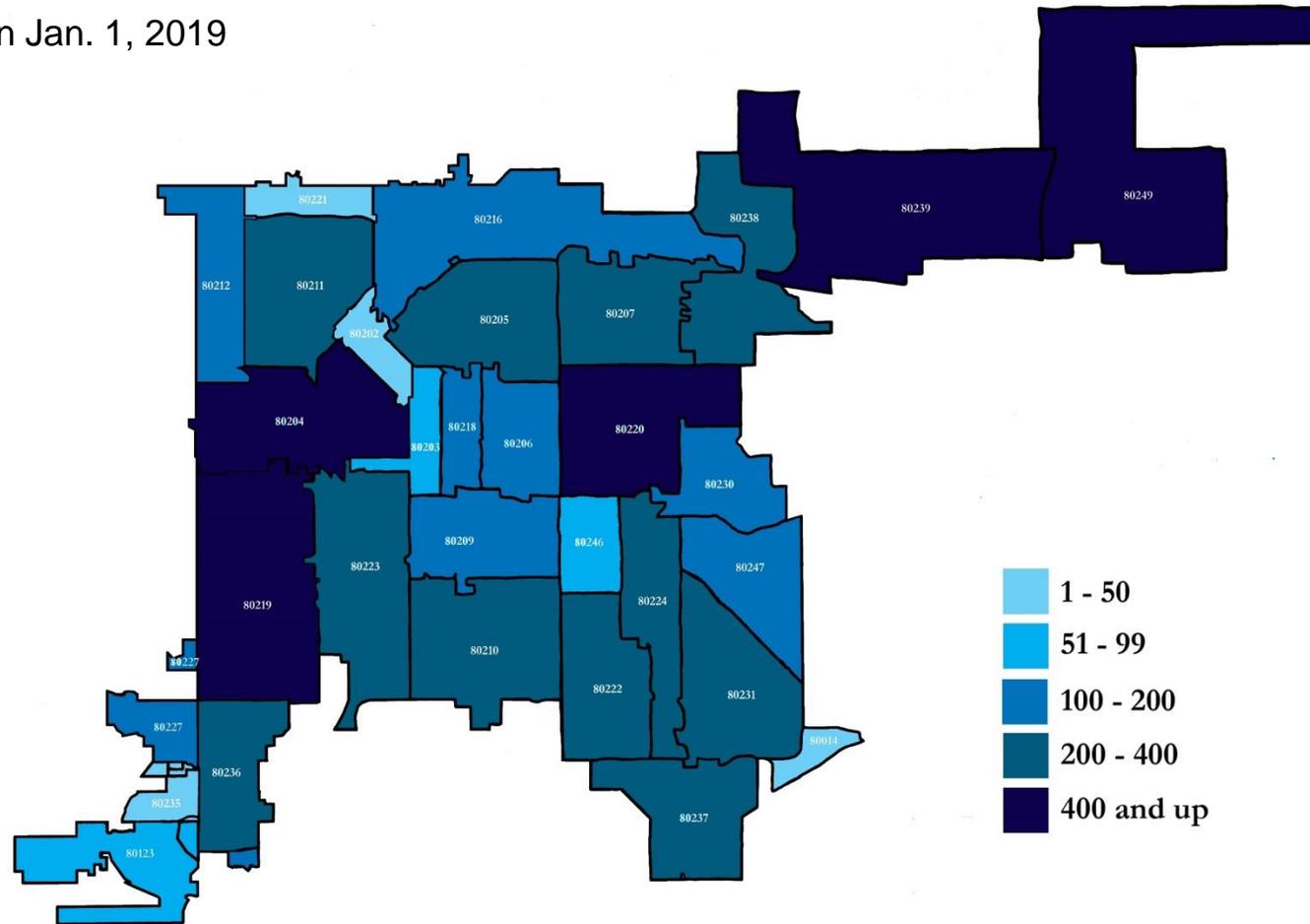


**Increase flexible service and
provider options to meet
individualized needs**



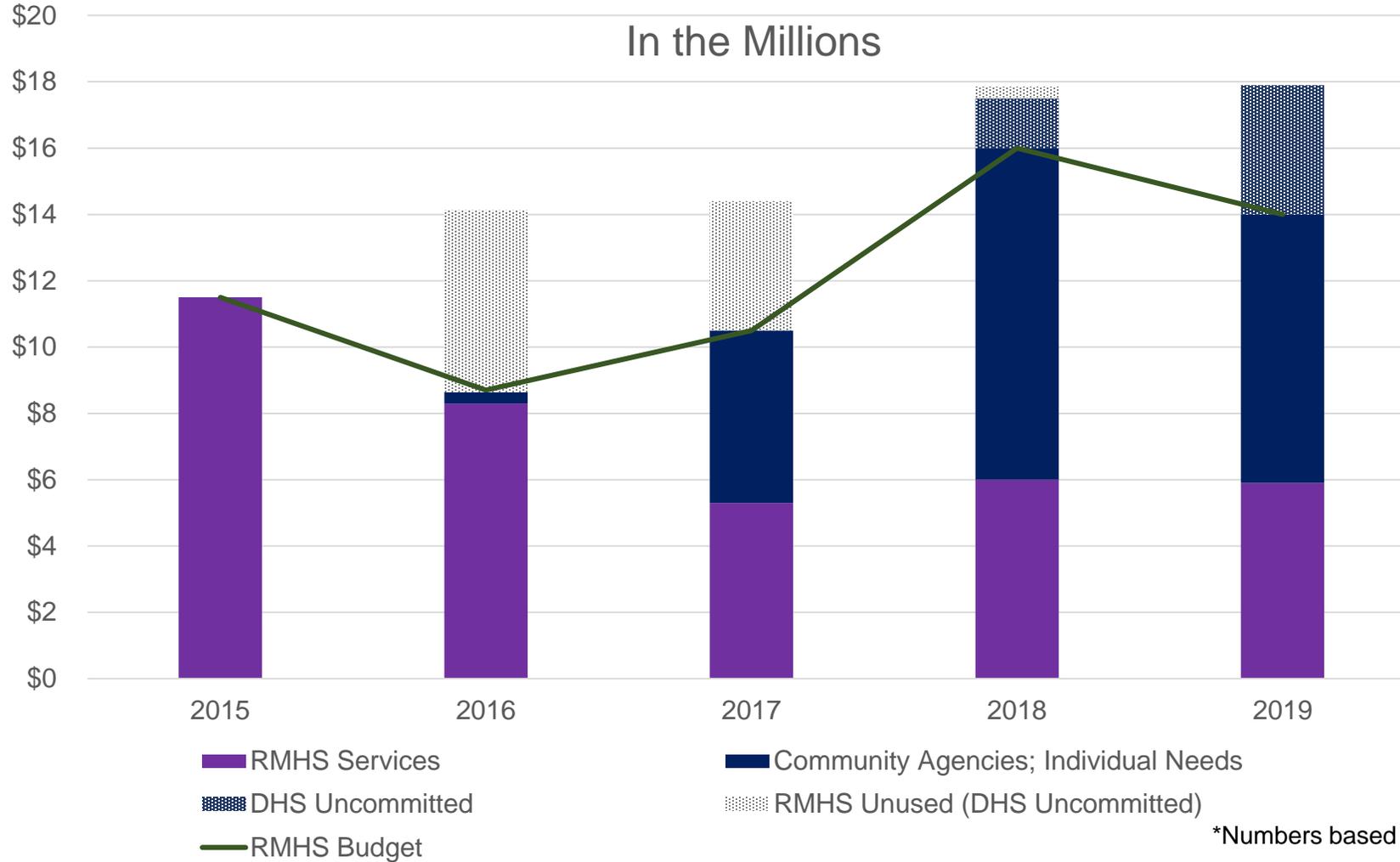
Services are Community-Based

*Based on Point-In-Time Data on Jan. 1, 2019





Mill Levy History 2015 - Present





RMHS Mill Levy Program

How does RMHS use the mill levy funding it receives?

- 1. Client & Family-Directed Funds:** To empower Denver residents with I/DD to directly access mill levy funds to meet their individual needs for services and support.
 - ✓ Individual requests
 - ✓ Mill levy service plans
- 2. Community Agencies:** To support individuals, nonprofit organizations and businesses that provide unique I/DD services and support.
- 3. RMHS Services:** To provide additional support to Denver residents who access RMHS services by eliminating wait lists, enabling service coordinators more time to work with clients and enhancing clinical programs.



Client & Family-Directed Funds

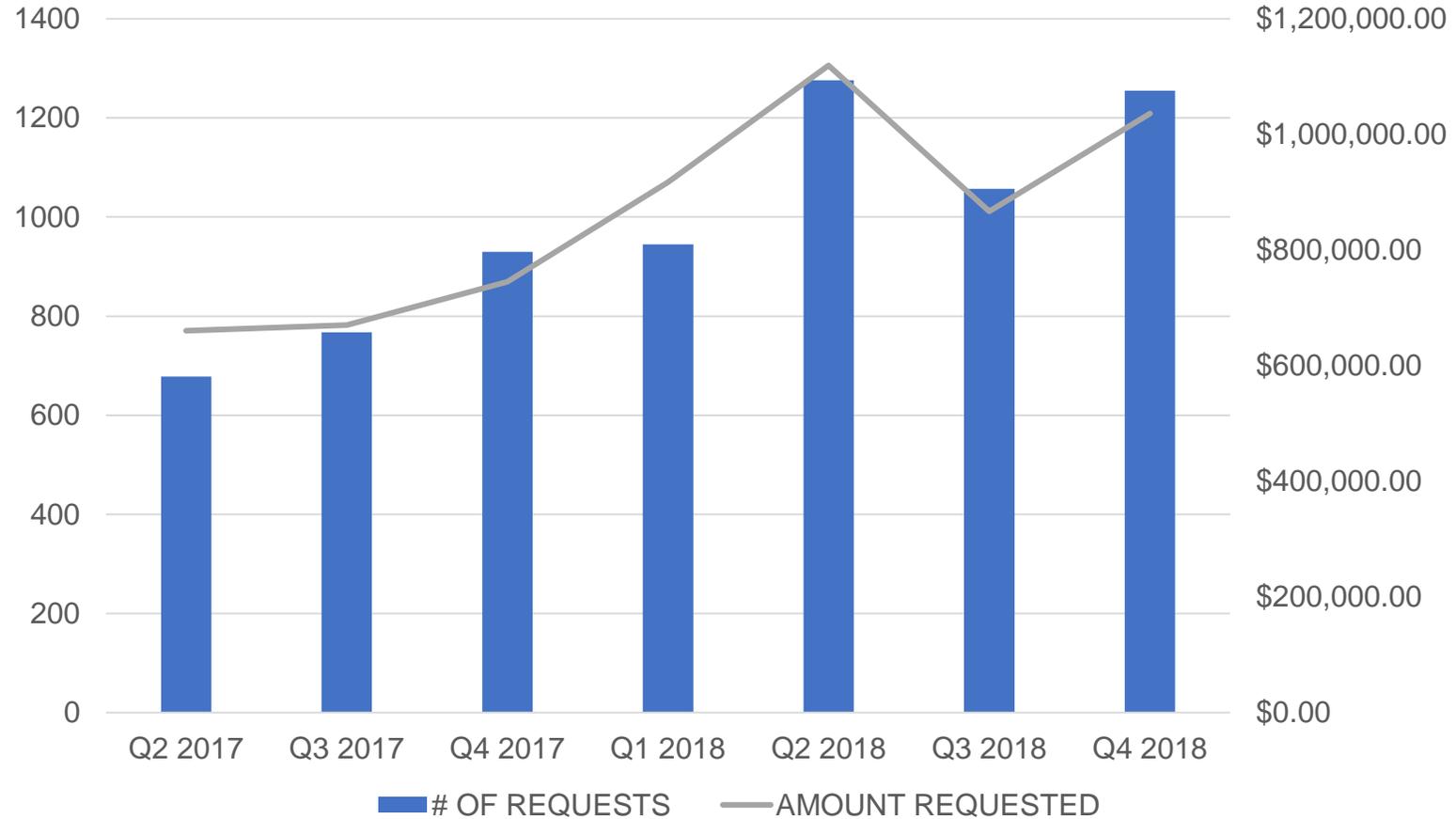
Below are examples of Denver residents with I/DD and their families who requested services and support to meet their individual needs.

- **Hansel is a 1-year-old** who did not have a car seat or stroller to safely transport him in the community. RMHS funded \$412 to purchase a car seat and stroller for Hansel.
- **Alex is a 2-year-old** who received services due to failure to thrive. He was struggling to gain weight and had many medical needs. Alex needed another procedure, so RMHS funded \$342 to pay the portion not covered under insurance.
- **Calvin is an 8-year-old** with autism. He has limited attention and becomes easily overstimulated. He successfully used a lap pad and blanket in his OT therapy sessions. Insurance would not fund these items. RMHS provided nearly \$135 to buy these items.
- **Aaron is a 24-year-old** who uses a wheelchair and enjoys being in the community. His family takes care of him and as they age their ability to physically transfer him in and out of their vehicles has become increasingly difficult. Aaron's insurance and waiver funded a portion of a vehicle lift and Mill Levy paid the remaining \$4,598.



Client & Family-Directed Funds

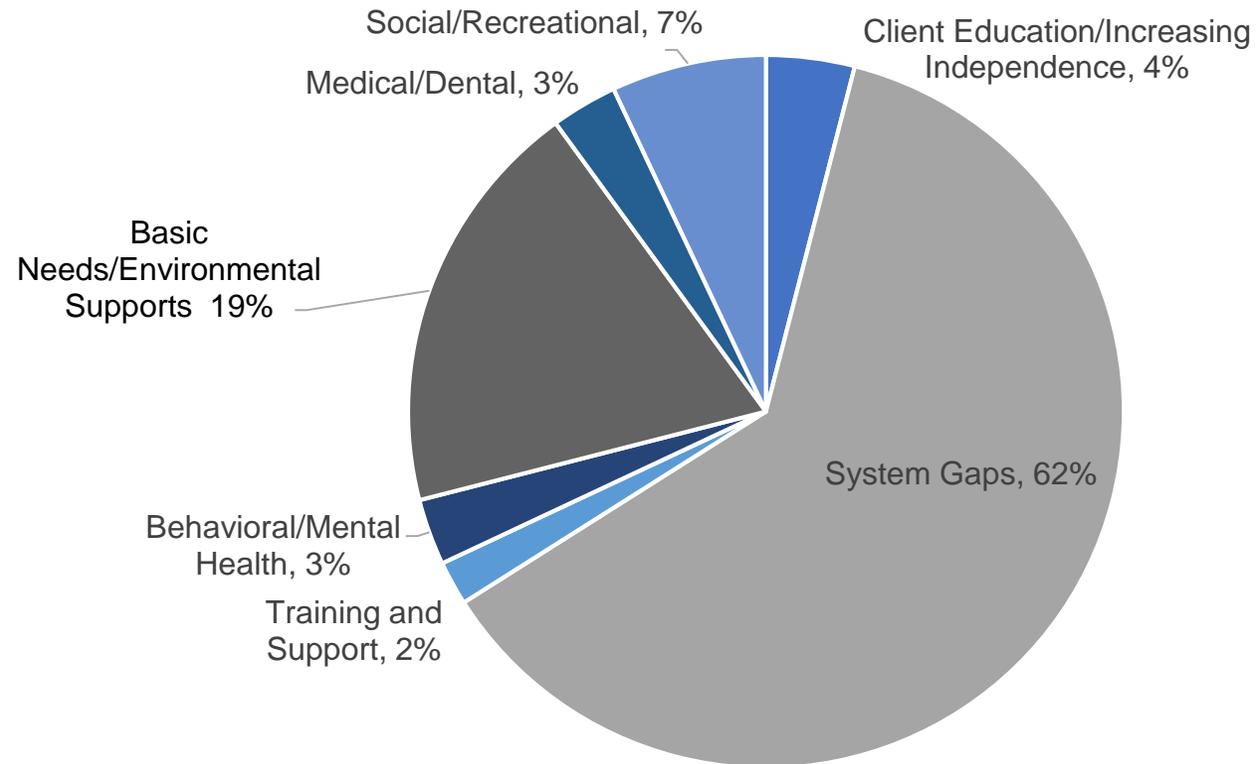
Individual Requests



*Includes Family Support Supplement and Client Assistance.

Client & Family-Directed Funds

January 2018 – December 2018
Funding for Individual Requests by Category (*n*=3,866)





Client & Family-Directed Funds

Changes made in 2018

Had to disallow some services/supports requested through client assistance to stay within budget, including:

- Travel
- Furniture other than beds/mattresses
- Vehicle repairs

59 denials in 2018

Added Mill Levy Service Plan option in EI:

- Toddler bed or crib
- Music classes
- Environmental enrichment & home safety items

Budget reduction for 2019*

- \$4M was spent in 2018
- Just under \$3.3M is budgeted for 2019

*Figures do not account for overhead.



Community Agencies

Two contract terms in 2018: January to June & July to December

- RMHS contracted with **19 community agencies** to provide services only through **special projects**
- RMHS contracted **62 community agencies** to provide services only through **individualized mill levy service plans**
- RMHS contracted with **3 community agencies** to provide services through **special projects AND mill levy service plans**



Community Agencies



Children's Hospital
Colorado



ADAM'S CAMP
Colorado





Community Agencies





Community Agency Successes

THRIVE

A parent shared how grateful she was for Project Independence and wished that it didn't end so soon. She didn't know that college was possible for her daughter. She is scared to think of her daughter living alone, but she plans to have the family participate in PATH Planning to better understand her daughter's desires. They will also participate in disability planning so things will be in place for her child when she and her husband can no longer care for her.



Community Agency Successes

REVEL

Ben was going through the tough transition of leaving school, his home away from home for 15 years. During this daunting experience, he lost interest in his passions and his independence suffered. Ben is now a determined 21-year-old who loves to travel, make friends, run and work. He loves to cook and has his own lawn-mowing company, B's Lawn Mowing Service. People know and love Ben for his joy of life and love of friendship. After a month of being part of REVEL, Ben showed interest in life again. He woke up one morning and said, "I feel fine Mom. I'm not scared." He had found his new home away from home.



Community Agency Successes

Parent to Parent

“The connection with Sue (support parent) has been helpful to me in so many ways. First off, I don't feel as alone in this journey with my special needs kids. Sue has been so encouraging, is full of resources and has provided guidance in navigating through the elementary school system. She has been truly wonderful, and I'm so glad I have her as my support parent. I am very satisfied with how this has gone. This has been a wonderful resource for me, and I am receiving more than what I expected when I signed up.”





Community Agencies

Changes made in 2018

- New RFP process rolled out fall 2018 for 2019 funding.
- We received 43 proposals requesting more than \$6M.
- We approved 28 projects with a total budget of \$3.1M.

Budget reduction for 2019*

- Spent \$4.4M in 2018
- Budget \$3.1M in 2019

*Figures do not account for overhead.



Community Agencies

Approved 2019 projects

Six Projects Serving Children

- Preschool/music therapy
- Behavioral challenges at school, home and community
- Workshops on parent-mediated Early Start Denver Model
- Social skill development during recess
- Respite

Five Projects Serving Transition Ages (Late Teens to Early Adulthood)

- Training/resources for parents/teens (college tour) and mentorship for black males up to age 21
- Social and life skills for teens with autism
- Vocational/trade education
- Entrepreneurship training



Community Agencies

Approved 2019 projects

Nine Projects Serving Adults

- Ride-share training
- Financial health education
- Art instruction
- Supported employment
- Community outings
- Arts and community
- Travel
- Behavioral support



Community Agencies

Approved 2019 projects

Seven Projects Serving All Ages

- First responder training
- Yoga
- Connecting parents
- Art classes for parents/toddler and adults with Down syndrome
- Community center
- Probate and special needs planning
- Homeless outreach

- Enable case managers to **provide more than Medicaid cap of 60 hours of case management** in a year to children age 0-3 with developmental delays and adults with I/DD.
- **Reduce wait time for children from birth to age 18** to receive assessments for developmental delays and disabilities, so they can receive therapies as soon as possible.
- Provide **additional funding** beyond state dollars for direct services and case management for **families of children ages 3 and older with I/DD**. Without mill levy, families would wait for services.
- Offer **state-mandated trainings**, such as first aid, **to family members** who provide services to Denver residents with I/DD.
- Created a **Waitlist Coordinator position** to ensure people waiting for other services are accessing mill levy-funded services as needed.





RMHS Services

RMHS Departments Providing Mill Levy-Funded Services	2018 Mill Levy Funding
Early Intervention	\$736,738.17
Family Services and Support	\$718,079.57
Life Essentials Provider Network	\$597,989.96
Service Coordination	\$1,031,654.58
Children's Clinical	\$1,428,426.32
Behavioral Health	\$244,054.76
Community Outreach and Communications	\$147,179.21
RMHS Initiatives	\$170,000.00*
Total	\$5,074,122.57

*2018 total is an estimate due to changes in budget structure across two contract terms.



RMHS Services

Changes made in 2018

- **Addition of Waitlist Coordinator** – provides case management services to adults on the waitlist for HCBS-DD Waiver services to ensure immediate needs are met to the fullest possible extent by accessing mill levy-funded services & supports.
- **Addition of Children’s Coordinator (effective January 2019)** – provides case management services to children who do not have a case manager in EI, FSSP or CES to ensure immediate needs are met to the fullest possible extent by accessing mill levy-funded services & supports.
- **Adult Behavioral Health** – Made the difficult decision to close Adult Behavioral Health Program on Nov. 30. Hoped to identify business model that would fill the gap between the cost of providing services and the Medicaid waiver reimbursements, mill levy funding and other sources. Could not find model that would be sustainable by the end of 2018.

Budget reduction in 2019*

- Spent \$5.1M in 2018
- Budget \$4.1M in 2019

*Figures do not account for overhead.



Any Questions?





Finance Committee Report

- Year-To-Date Financials Ending Jan. 31, 2019
- 2020 Planning Process





Finance

FY19 Year-to-Date Results

(000's)

7/1/18 to 1/31/19

		Actual		Budget		Variance		%Variance
Revenues	\$	26,373	\$	27,424	\$	(1,051)		(3.8%)
Expenses		24,922		26,828		(1,906)		(7.1%)
Net Operating Income		1,451		596		855		NM
Extinguishment of Debt ¹		1,200				1,200		
Revenues Less Expenses²	\$	2,651	\$	596	\$	2,055		

1. Two loans were converted to leases.
2. Does not reflect transfer of building to Foundation.



Finance

FY19 Year-to-Date Results

(000's)

7/1/18 to 1/31/19

		Actual		Budget		Variance		%Variance
Medicaid ¹	\$	7,920	\$	7,212	\$	707		9.8%
State Funding ²		6,457		7,339		(882)		(12.0%)
Mill Levy ³		8,921		9,472		(551)		(5.8%)
Grants ⁴		1,974		2,275		(301)		(13.2%)
Individual Insurance/Room & Board		1,095		1,112		(17)		(1.5%)
Billing Fees/Donations/Other		7		14		(7)		NM
Total Revenues	\$	26,373	\$	27,424	\$	(1,051)		(3.8%)

1. Medicaid ahead largely due to a) LSS residential and b) EI (in part due to mix of Medicaid vs. Part C).
2. State funding behind largely due to a) ramp-up of Momentum and b) higher than budgeted EI Medicaid payments.
3. Mill levy behind largely due to timing issues associated with contract.
4. Grants behind largely due to a mix of Medicaid vs. Part C in EI.



2020 Planning

- **Budgeting Process**

- Management kickoff – April
- Review key assumptions with board – May
- Finance Committee reviews draft budgets – June/July
- Board approves – July

- **Contracts**

- TSP
- HAV
- Momentum
- EI Colorado
- CCB/Case Management

- **New Software**

- Optimax
- Concur
- Case Logic/Greenway Phase II
- Accounting System - Cloud



Compliance Update

- Audit Update
- State Compliance
- Relias





New Business/Announcements

